

# Advanced Sets in Term 1 - 2026



Textbook or E-book (pdf)



## Chi Kung – Dao Yin Heart Set

### Red Text Book

for Chi Kung students who have previously learnt this set and want to revise or Chi Kung students who completed the Chi Kung shibashi 1<sup>st</sup> set

**Adelaide** 6.15pm &  
**North Adelaide** 9.45am

Combo DVD or USB sets \$25

## DAO YIN



Ancient  
Dao Yin  
pictures



Instructor David teaching Tai Chi Sword students at Adelaide - WAYVILLE Term 4 - 2025

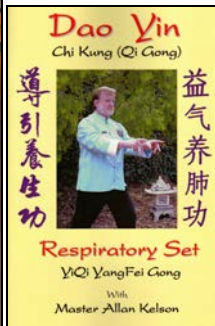


## Tai Chi Sword

Is starting again  
Section 2 Tuesdays  
at 8.10pm  
for current & previous  
Sword students only



Instructor Heather teaching Dao Yin Chi Kung Respiratory Set at North Adelaide



太極



® TM



TM



## Celebrating 40 years in SA

### Newsletter & Schedule for Term 1 - 2026

[www.taichi.com.au](http://www.taichi.com.au)

We hope you have enjoyed learning the  
**Chi Kung** relaxation exercises or  
the more challenging exercises of **Tai Chi** this term.  
**Thank you for joining us in our 40<sup>th</sup> year in SA**

### Classes starting in Term 1

Term 1 - 2026 ( 7 week term ) starts at

**Adelaide** Tuesday 27<sup>th</sup> January (Tai Chi & Chi Kung / Dao Yin)

**North Adelaide** Friday 30<sup>th</sup> January at 9.45am. – (Chi Kung / Dao Yin Only)



## Instructors - 40<sup>th</sup> Anniversary in SA Photo

Allan & instructors are happy and proud to have promoted and taught Tai Chi & Chi Kung (Qi Gong, Dao Yin) & Shaolin SKF in Adelaide, suburbs and regional cities in SA, plus over 11,000 children in schools. Plus Dozens of Corporate, Conferences and community events, TV and radio. Allan has also taught in Sydney, Tamworth, Brisbane Sweden, Norway, Poland & China.

### Advanced Booking Discount for next term

Remember to book for term 1 before the end of this term.  
You get a substantial discount and we can plan our classes.

**Note:** Next **New Beginners** classes will start again in Term 1.

**“ Have a Try on our week 1 ”** at Adelaide (pm) & North Adelaide (9.45am)

We already have interested New students waiting to start.

### Contact Us

**The office / phone is not usually attended** ( answering machine only)

**Best Contact Method** please send an email: [classes@taichi.com.au](mailto:classes@taichi.com.au)

# Tai Chi & Chi Kung Institute

G.P.O. Box 66, Adelaide, SA, 5001

[www.taichi.com.au](http://www.taichi.com.au)

Email : [classes@taichi.com.au](mailto:classes@taichi.com.au)

Courses being offered for current & previous students. (Minimum numbers apply)

40 Years in SA



**Book Now for Term 1 - 2026**

| Venue & Instructors                                                                                                     | Venue Address                                                                       | Day                | Start Time<br>(45 mins)                                                      | Set Taught                                                                                                                                                                                          | Section Taught                                                                                             | Starting date<br>Week 1 | Last Lesson<br>of Term 1<br>Week 7 |
|-------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|--------------------|------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|-------------------------|------------------------------------|
| <b>WAYVILLE Adelaide</b> (Tue)<br><br>Allan<br>AnnMarie,<br>David,<br>Lorraine<br><br><b>Assisted by:</b><br>Ann & Mark | <b>Latvian Hall</b><br>4 Clark Street<br><br>Cnr Rose Tce<br><br>(off Greenhill Rd) | <b>Tue</b>         | <b>6.15pm</b><br><br><b>6.15pm</b><br><br><b>7.15pm</b><br><br><b>8.10pm</b> | <b>Chi Kung ( 1st set )</b><br>Blue book<br><br><b>Chi Kung (Dao Yin)</b><br>Heart Set<br>Red book<br><br><b>Tai Chi (24) (3 Terms)</b><br><br><b>Tai Chi Sword</b><br>(3 Terms)<br>Wood Sword Only | Section 1,2<br><br>1 Term<br>Advanced Set<br><br>Section 1,2 3<br>& 3 Rev<br><br>Section 2<br>Advanced Set | <b>27th Jan</b>         | 10th March                         |
| <b>North Adelaide</b><br>(Fri am)<br>Allan, Heather<br>Helen, Jennifer                                                  | <b>Estonian Hall</b><br>200 Jeffcott St<br>(Cnr Childers St)                        | <b>Fri</b><br>(am) | <b>9..45am</b><br><br><b>9..45am</b>                                         | <b>Chi Kung ( 1st set )</b><br>Blue book<br><br><b>Chi Kung – DaoYin</b><br>Heart Set<br>Red book                                                                                                   | Section 1, 2<br><br>1 Term<br>Advanced Set                                                                 | <b>30th Jan</b>         | 13th March                         |

## Course Fees for Term 1, 2026

### Early Booking Discounts

Please note:

Advance booking discount may not apply in the event of small classes.  
Class fees are based on a minimum class size and Hall rental fees.

|                                                                                                   |                                                                                                                                                                                                                                                    | <b>Advanced booking Discounts</b><br>When Paid in<br><b>Weeks 5,6 &amp; 7</b><br>of Term 4 at class | <b>Advanced booking Discounts</b><br>When emailed<br>(Include phone)<br>By <b>16th Jan</b> | <b>Full Fee</b><br>When enrolling<br>on week 1 or 2<br><b>At the door</b><br>If vacancies are<br>available |
|---------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|
| <b>Standard</b>                                                                                   | Individual enrollment for 6 / 7 week course<br>(includes <b>Advanced &amp; Refinement classes</b> )                                                                                                                                                | <b>\$99</b>                                                                                         | <b>\$110</b>                                                                               | <b>\$121 pp</b>                                                                                            |
| <b>Concession</b>                                                                                 | Concession available for government card holders<br>(pensioner, full-time student, unemployed &<br>"Seniors Card")                                                                                                                                 | <b>\$77</b>                                                                                         | <b>\$88</b>                                                                                | <b>\$99 pp</b>                                                                                             |
| <b>Revision</b> or<br><b>Extra Course</b>                                                         | Improve your knowledge by repeating a section<br>which you've already completed. or<br><b>MULTI-CLASS DISCOUNT</b> (where vacancies exist)                                                                                                         | <b>\$66</b>                                                                                         | <b>\$77</b>                                                                                | <b>\$88 pp</b>                                                                                             |
| <b>Family / couple</b><br>Special offer<br><b>Beginner sets</b><br>only<br><b>Sections 2 or 3</b> | <u>Family members discount</u> is now offered to help<br><b>families who live together, &amp; continue together</b><br>When continuing with your learning in the<br><u>Beginner Sets</u><br><b>Chi Kung 1<sup>st</sup> Set or Tai Chi (24) Set</b> | <b>2 for \$154</b><br>= Concession price<br>above                                                   | <b>2 for \$176</b><br>= Concession price<br>above                                          | <b>2 for \$198</b><br>= Concession price<br>above                                                          |
| <b>Family / couple</b><br><b>Advanced Sets &amp;</b><br><b>Refinement</b>                         | <b>Advanced Sets</b> in :<br><b>Chi Kung &amp; Tai Chi, Sword, SKF etc</b><br><b>Note:</b> Minimum numbers are required to conduct<br>Advanced classes                                                                                             | <b>2 for \$154</b><br>= Concession price<br>above                                                   | <b>2 for \$176</b><br>= Concession price<br>above                                          | <b>2 for \$210</b>                                                                                         |

**Credit Cards:** VISA & Mastercard & Amex only - CC Surcharge = 1.9% at class (by phone 2.1%) – or cash - **NO Cheques**

**CLASS NUMBERS:** Minimum Number of students required to conduct a class is 10.  
(Classes may be combined so as not to cancel classes.)

New Advanced sets taking more than one term to complete minimum number 15 - 20 students required.

Advanced Courses IF UNDER 10 STUDENTS – No Discounts Available – OTHERWISE THE CLASS MAY BE CANCELLED.

The Institute reserves the right to cancel / suspend any class with insufficient numbers to cover costs.

In the event that a class is to be cancelled – every effort will be made to find another class for you,

OR transfer course fees to the next term, by mutual arrangement.

**Cancellation by student:** If made 1 week or more prior to the course commencement - 60% Refund + Admin fee. Or 50% after week 1

**FEES:** **NO REFUNDS** After the commencement of the course, unless the Institute cancels the class. **Transfer is possible.**

**COURSES:** Are NOT TRANSFERABLE to another person after the commencement of the term.

**MISSED LESSONS:** are NOT TRANSFERABLE to other terms except by early arrangement by email.

If joining on Week 1 – 3 please check the website: [www.taichi.com.au](http://www.taichi.com.au) for any changes.  
as some classes and times may change due to enrolments:

**NOTE: NO classes in Winter Term 3**

**Advanced planning** :Term 2 - 2026: week 1 starts: WAYVILLE & North Adelaide - Tues 28th April & Friday 1st May 2026

**Finishing week 7** : WAYVILLE / Adelaide CBD - Tues 9<sup>th</sup> June & North Adelaide Friday 12<sup>th</sup> June 2026

**Correspondence by Email or FB Messenger Only** ( include a phone number) - [classes@taichi.com.au](mailto:classes@taichi.com.au)

Updated for 12th Nov 2025



LATVIAN HALL  
TĀLAVA

The Latvian Hall  
4 Clark Street, Wayville

# Estonial Hall

200 Jeffcott St - (Cnr Childers St)

North Adelaide

( Fridays 9.45am )



©2017 Google