

Advanced classes continuing & starting in Term 4 - 2024

Adelaide - Wayville (Tues pm) & North Adelaide Fri (9.45am)



Official Textbook - \$25

Da Yan Chi Kung – S3 “Wild Goose Chi Kung”

Learn this graceful & meditative set of movements.

Current & returning students only



DVD or usb
mp4 - \$25

Filmed in China 1993
Usb - \$25
includes Mp4 video
& chart pdf



Cudgel - Short Stick Class
Adelaide - WAYVILLE 20/2/2024

The current 3 term course of the Cudgel / short stick has just finished

Next term SKF



DVD / USB filmed in Shaolin, China & Chart are available at the Class Only.



SKF Traditional “ Shaolin Keep Fit” exercise system

Enrol Now

Adelaide / WAYVILLE: Tuesdays at 8.10pm - 3 X 7 week Terms

Suitable for our current or previous Tai Chi 3 + students

and those who have already learnt this set, who would like to **revise**.

This is the most well-known set in Shaolin

Fun & Fitness with achievable movements (NON-contact)

Similar to learning Tai Chi & Cudgel but with different movements

NOT suitable for New Beginners: - Adult class only

above pre- requisites are required.

太極



氣功

39 years in SA

Newsletter & Schedule for Term 4 - 2024

www.taichi.com.au

Adelaide - WAYVILLE Tuesday 15th October and
North Adelaide Friday 18th October at 9.45am.

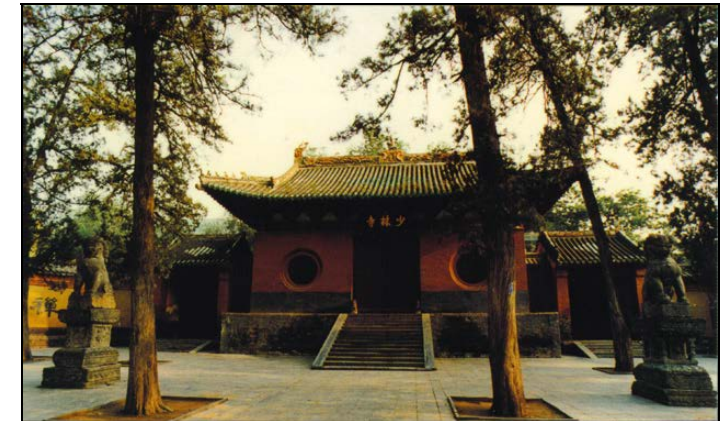
NOTE: No classes Term 3 - Winter

Welcome back to all our returning & also new, Chi Kung & Tai Chi students.

We hope you have enjoyed learning the

Chi Kung relaxation exercises or

the more challenging exercises of **Tai Chi** this term.



Shaolin Temple in Henan, China

Advanced Booking Discount for next term

Remember to book for term 4 before the end of the term.

You receive a substantial discount & we can plan our classes.

Chi Kung & Tai Chi - New Beginners in Term 4

Note: Next **New Beginners** course will be offered again in Term 4

“Have a Try on Week 1” at: Adelaide / Wayville Tuesday 15th Oct

North Adelaide Friday 18th Oct 9.45am(Chi Kung Only)

We already have interest from new students who have been waiting

and those who couldn't make it this term.

Contact Us The office / phone is not attended in person

(our answering machine is: **outgoing message only facility**)

Best Contact Method please send an email: classes@taichi.com.au

or on **Facebook messenger** – you can like us on our Institute's Page

Tai Chi & Chi Kung Institute

G.P.O. Box 66, Adelaide, SA, 5001

www.taichi.com.au

Email : classes@taichi.com.au



Courses being offered for current & previous students. (Minimum numbers apply)

Book Now for Term 4 - 2024

(NOTE: No classes Term 3 – Winter)

Venue & Instructors	Venue Address	Day	Start Time (45 mins)	Set Taught	Section Taught	Starting date Week 1	Last Lesson of Term 4 Week 7
WAYVILLE Adelaide (Tue) Allan AnnMarie, Lorraine David , Jamie Assisted by: Leaders: Ann, Mark	Latvian Hall 4 Clark Street Cnr Rose Tce (off Green Hill Rd)	Tue	6.15pm 6.15pm 7.15pm 8.10pm	Chi Kung (1st set) Blue book Chi Kung - Da Yan (Wild Goose CK) Tai Chi (24) (3 Terms) Tai Chi (24) (1Term) SKF Shaolin Fitness set (3 Terms) Advanced Set	Section 1&2 Section 3 Advanced Set Section 1,2 3 + 3Rev Section 1 Advanced Set	15th Oct	26 Nov'24
North Adelaide (Fri am) Allan, Heather Helen, Jennifer	Estonian Hall 200 Jeffcott St (Cnr Childers St)	Fri (am)	9..45am 9..45am	Chi Kung (1st set) Blue book Chi Kung -Da Yan (Wild Goose CK)	Section1 & 2 Revision Section 3 Advanced Set	18 Oct	29 Nov 24

Course Fees for Term 4, 2024 Early Booking Discounts

Please note:

Advance booking discount may not apply in the event of small classes.
Class fees are based on a minimum class size and Hall rental fees.

**Advanced
booking
Discounts**
When Paid in
Weeks 5 - 7
of Term 2

**Advanced
booking
Discounts**
When emailed
(Include phone)
by **27th Sept**

**Full Fee
When enrolling
on week 1 or 2
At the door
If vacancies are
available**

Standard	Individual enrollment for 7 week course (includes Advanced & Refinement classes)	\$99	\$110	\$121 pp
Concession	Concession available for government card holders (pensioner, full-time student, unemployed & "Seniors Card")	\$77	\$88	\$99 pp
Revision or Extra Course	Improve your knowledge by repeating a section which you've already completed. <i>or</i> MULTI-CLASS DISCOUNT (where vacancies exist)	\$66	\$77	\$88 pp
Family / couple Special offer Beginner sets only Sections 2 or3	Family members discount is now offered to help families who live together, & continue together When continuing with your learning in the <u>Beginner Sets</u> (Chi Kung 1 st Set or Tai Chi (24) Set)	2 for \$154 = Concession price above	2 for \$165 = Concession price above	2 for \$198 = Concession price above
Family / couple Advanced Sets & Refinement	Advanced Sets in : Chi Kung & Tai Chi, Cudgel etc Note: Minimum numbers are required to conduct Advanced classes	2 for \$165	2 for \$187	2 for \$209

Credit Cards: VISA & Mastercard & Amex only - CC Surcharge = 1.9% at class (by phone 2.1%) – or cash - **NO Cheques**

CLASS NUMBERS: Minimum Number of students required to conduct a class is 10.

(Classes may be **combined** so as not to cancel classes.)

New Advanced sets taking more than one term to complete minimum number 15 - 20 students required.

Advanced Courses IF UNDER 10 STUDENTS – No Discounts Available – OTHERWISE THE CLASS MAY BE CANCELLED.

The Institute reserves the right to cancel / suspend any class with insufficient numbers to cover costs.

In the event that a class is to be cancelled – every effort will be made to find another class for you,

OR transfer course fees to the next term, by mutual arrangement.

Cancellation by student: If made 1 week or more prior to the course commencement - 60% Refund + Admin fee. Or 50% after week 1

FEES: NO REFUNDS After the commencement of the course, unless the Institute cancels the class. **Transfer is possible.**

COURSES: Are NOT TRANSFERABLE to another person after the commencement of the term.

MISSED LESSONS: are NOT TRANSFERABLE to other terms except by early arrangement by email.

If joining on Week 1 – 3 please check the website: www.taichi.com.au for any changes.

as some classes and times may change due to enrolments:

Advanced planning : Term 1 - 2025: week 1 starts: WAYVILLE & North Adelaide - Tues 4th & Friday 7th Feb 2025

Finishing week 7 : WAYVILLE / Adelaide CBD - Tues 18th & North Adelaide Friday 21st March 2025

Correspondence by Email or FB Messenger Only (include a phone number) - classes@taichi.com.au

Updated 4th June 2024

The image shows the exterior of the Latvian Hall, a building with a mix of white brick and dark grey panels. A sign on the left side of the building reads "LATVIAN HALL" and "TĀLAVA" with decorative symbols. The building has large glass doors and windows, and a bench is visible outside. The scene is set outdoors with trees and a clear sky.

LATVIAN HALL
TĀLAVA

The Latvian Hall
4 Clark Street, Wayville

Estonial Hall

200 Jeffcott St - (Cnr Childers St)

North Adelaide

(**Fridays 9.45am**)

