

# Advanced Sets in Term 1 - 2023



Textbook or E-book (pdf)



## Chi Kung – Dao Yin Respiratory Set

for Chi Kung students who have previously learnt this set and want to revise or Chi Kung students who completed the 1<sup>st</sup> Chi Kung shibashi set

**Adelaide** 6.15pm &  
**North Adelaide** 9.30am

## Dao Yin



Ancient Dao Yin pictures



Instructors Jamie & David teaching 20 Tai Chi Sword students at Adelaide CBD venue this term



**Tai Chi Sword** is continuing Section 2 Tuesdays at 8.10pm for current & previous sword students



Chief Instructor Allan Kelson teaching a Corporate outdoor class for **Perks Accountants** as part of Mental Health Month in October

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**38 years in SA**

Newsletter & Schedule for Term 1 - 2023

[www.taichi.com.au](http://www.taichi.com.au)

We hope you have enjoyed learning the

**Chi Kung** relaxation exercises or the more challenging exercises of **Tai Chi** last term.

**\*Unfortunately Terms in 2022 are now cancelled due to the Flue & Covid spread\***

**Classes re- starting in Term 1 “ Summer”**

All per-bookings/ payments for term 1 - 2022 have of course been transferred to Term 1- **2023**

**Adelaide** Tuesday 7th Feb and  
**North Adelaide** Friday 10th Feb at 9.30am.

We have all been waiting patiently for 1 year to resume classes



North Adelaide Instructor Heather teaching Chi Kung shibashi 2<sup>nd</sup> set students

**Advanced Booking Discount for next term**

Remember to book for term 1 – reconfirm by email ( including pre-paid) You get a substantial discount and we can plan our classes.

**Note:** Next **New Beginners** classes will start again in Term 1 7th & 10th October 2023

We have many interested New students who have been waiting since 2021 to start in 2023, ( Sorry for the wait)

**Contact Us**

**The office / phone is not attended** ( answering machine only)

**Best Contact Method** please send an email: [office@taichi.com.au](mailto:office@taichi.com.au)

# Tai Chi & Chi Kung Institute

G.P.O. Box 66, Adelaide, SA, 5001

[www.taichi.com.au](http://www.taichi.com.au)

Email : [office@taichi.com.au](mailto:office@taichi.com.au)



Courses being offered for current & previous students. (Minimum numbers apply)

**Book Now for Term 1 - 2023**

**7 week terms**

Venue & Instructors	Venue Address	Day	Start Time (45 mins)	Set Taught	Section Taught	Starting date Week 1	Last Lesson of Term 1 Week 7
<b>Adelaide</b> (Tue) Allan AnnMarie, Lorraine Jamie, David	<b>Gilles Street Primary School Hall Max Green Hall 123 Gilles St</b>  (off Pulteney St & opposite Stephens St)	<b>Tue</b>	6.15pm	Chi Kung ( 1st set )	Section 1	<b>7th Feb</b>	21 March' 23
			6.15pm	Dao Yin ( Resp set )	1 Term		
			7.15pm	Tai Chi (24) (3 Terms)	Section 1, 3 & 3 Rev		
			8.10pm	Sword (32) (3 Terms) Tai Chi Sword exercise for Fitness	Section 2		
<b>North Adelaide</b> (Fri am) Allan, Heather, Jennifer , Helen	<b>Estonian Hall 200 Jeffcott St (Cnr Childers St)</b>	<b>Fri (am)</b>	9.30am	Chi Kung (1st set)	Section 1	<b>10th Feb</b>	24 March 23
			9.30am	Dao Yin ( Resp set )	1 Term		

## Course Fees for Term 1, 2023 Early Booking Discounts

Please note:

Advance booking discount may not apply in the event of small classes.  
Class fees are based on a minimum class size and Hall rental fees.

**Advanced  
booking  
Discounts**

When Emailed  
confirmation by  
**23rd Jan**

**Full Fee  
When enrolling  
on week 1-3  
At the door**

<b>Standard</b>	Individual enrollment for 7 week course (includes <b>Advanced &amp; Refinement</b> classes)	<b>\$88</b>		\$121 pp
<b>Concession</b>	Concession available for government card holders (pensioner, full-time student, unemployed + ("Seniors Card" for beginner sets - Ck 1 & 2, TC1 -3)	<b>\$79</b>		\$88 pp
<b>Revision or Extra Course</b>	Improve your knowledge by repeating a section which you've already completed. (where vacancies exist) or <i>Extra Beginner's Course</i>	<b>\$66</b>		\$88 pp
<b>Family / couple Special offer Beginner sets only</b>	<b>Family members discount</b> is now offered to help <b>families who live together, &amp; continue together</b> When continuing with your learning in the <b>Beginner Sets (Chi Kung 2 or Tai Chi 2/3)</b> <b>Revision: beginner sets only ("2 for \$110")</b>	<b>2 for \$138</b> = less than Concession price		2 for \$171
<b>Family / couple Advanced Sets &amp; Refinement</b>	<b>Advanced Sets in Chi Kung &amp; Tai Chi</b> (NB: Minimum numbers required)	<b>2 for \$148</b> = Concession price		2 for \$171

**Credit Cards:** VISA & Mastercard & Amex only - Surcharge = 1.9% at class (by phone 2.1%)

**CLASS NUMBERS:** Minimum Number of students required to conduct a class is 10.

(Classes may be **combined** so as not to cancel classes.)

**New Advanced sets** taking more than one term to complete minimum number 15 - 20 students required.

**Advanced Courses IF UNDER 10 STUDENTS - No Discounts Available - OTHERWISE THE CLASS MAY BE CANCELLED.**

**The Institute reserves the right to cancel / suspend any class with insufficient numbers to cover costs.**

In the event that a class is to be cancelled - every effort will be made to find another class for you,

OR transfer course fees to the next term, by mutual arrangement.

**Cancellation by student:** If made 1 week or more prior to the course commencement - 50% Refund + Admin fee.

**FEES: NO REFUNDS After the commencement of the course,** unless the Institute cancels the class. **Transfer is possible.**

**COURSES:** Are **NOT TRANSFERABLE** to another person after the commencement of the term.

**MISSED LESSONS:** are **NOT TRANSFERABLE** to other terms except by early arrangement by email.

If joining on Week 1 - 3 please check the website: [www.taichi.com.au](http://www.taichi.com.au) for any changes.

as some classes and times may change due to enrolments:

Note: Best method of communication is now by Email: [office@taichi.com.au](mailto:office@taichi.com.au) + include a phone number

**Advanced planning : Term 2- 2023: week 1** starts: Adelaide & North Adelaide - Tues 2nd & 5<sup>th</sup> May 2023

**Finishing: week 7 :** Adelaide CBD only - Tues 13th June & Friday 16th June 2023

**Correspondence by Email Only** (include phone number) - [office@taichi.com.au](mailto:office@taichi.com.au)

Updated August 2022