

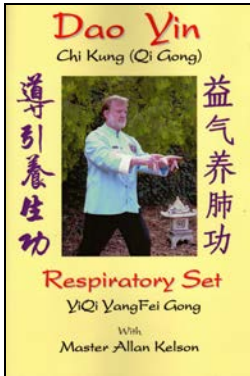
Advanced classes starting in Term 4 - 2020

Adelaide (pm)

Dao Yin - Respiratory Set

For Chi Kung students who have completed the 1st Chi Kung set (1 & 2)

Conducted over 1 term.



Textbook or E-book (pdf)



DVD / or USB mp4 available at class
Filmed in China

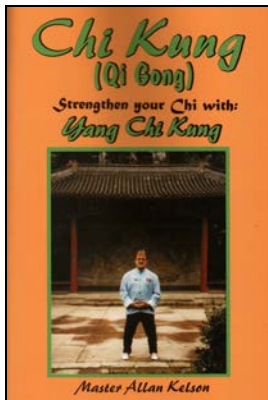
North Adelaide (am)

Yang Chi Kung

North Adelaide Fri 9.30am

Semi Static exercise for Chi Strengthening & mind focus

Conducted over 1 term



Textbook or E-book (pdf)



DVD / usb
Mp4

Tai Chi 8 - Yang Style

We are teaching **Tai Chi 8** at **Adelaide** for our advanced **Tai Chi** students **8.10pm**

Tai Chi 8 is a nice short set which helps practice left & right turning and useful for training in smaller spaces. The class will include practise of Yang 24
Our instructors had the opportunity to learn this set at the Beijing Sports University in 2000 with Master/ Professor Mun, the creator of the set.



Advanced Booking Discount

Remember to book - **E-mail your interesting in attending before 16th October.**
to get a substantial discount and we can plan and confirm our classes.

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Celebrating 35 years in SA
Newsletter & Schedule for Term 4 - 2020

www.taichi.com.au

We hope you have enjoyed learning the **Chi Kung** relaxation exercises or the more challenging exercises of **Tai in Term 1**

Due to restrictions during the Corona Virus situation
Classes will be suspended in Term 2 & 3.

All pre-bookings for Term 2 will be transferred to term 4

Term 4 (next 7 week term) starts at:

Adelaide Tuesday 20th October and

North Adelaide Friday 23rd Oct at 9.30am.



Instructors Jamie & David teaching SKF class at Adelaide

“Jin Gang Quan” 金剛拳 Diamond Fist Set - from Shaolin

Current SKF students will continue on to section 3 at 8.10pm

Term 4 - 2020 “ Have a Try on Week 1”

New Beginners classes will be starting next term at
Adelaide (pm): Chi Kung 6.15pm & Tai Chi 7.15pm 20th Oct

North Adelaide: Friday 23rd Oct at 9.30am

Friends & family can attend

Details are on our website: www.taichi.com.au

Adelaide Poster “ Have a Try on Week 1”

direct link: www.taichi.com.au/PosterAdelaide2020.pdf

Contact Us

The office / phone is not attended during Term Break

Best Contact Method please send an email: office@taichi.com.au

Tai Chi & Chi Kung Institute

G.P.O. Box 66, Adelaide, SA, 5001

www.taichi.com.au

Email : office@taichi.com.au



Courses being offered for current & previous students. (Minimum numbers apply)

Book Now for Term 4 - 2020

7 week terms

Venue & Instructors	Venue Address	Day	Start Time (45 mins)	Set Taught	Section Taught	Starting date Week 1	Last Lesson of Term 4 Week 7
Adelaide (Tue) Allan AnnMarie, Lorraine Jamie, David	Gilles Street Primary School Hall Max Green Hall 123 Gilles St (off Pulteney St & opposite Stephens St)	Tue	6.15pm	Chi Kung (1st set)	Section 1,2	20th Oct	1st Dec'20
			6.15pm	Dao Yin - CK - Respiratory Set	1 Term		
			7.15pm	Tai Chi (24) (3 Terms)	Section 1,2		
			7.15pm	Tai Chi 8 + TC 3Rev	1 Term		
			8.10pm	Shaolin Keep Fit SKF Jin Gang Quan 3 Tms	SKF S3		
North Adelaide (Fri am) Allan, Heather, Jennifer , Helen	Estonian Hall 200 Jeffcott St (Cnr Childers St)	Fri (am)	9.30am 9..30am	Chi Kung (1st set) Yang Chi Kung <i>For advanced students only</i>	Section 1,2 1 Term	23rd Oct	4th Dec'20

Course Fees for Term 4, 2020

Please note:

Advance booking discount may not apply in the event of small classes.
Class fees are based on a minimum class size and Hall rental fees.

**Advanced
booking
Discounts**

When E-Mailed by
16th October

**Pay
At the door
E-mail that you
will be attending**

Standard	Individual enrollment for 7 week course (includes Advanced & Refinement classes)	\$79	\$79 pp
Concession	Concession available for government card holders (pensioner, full-time student, unemployed + ("Seniors Card" for beginner sets – Ck 1 & 2, TC1 -3)	\$69	\$69 pp
Revision or Extra Course	Improve your knowledge by repeating a section which you've already completed. (where vacancies exist) or <i>Extra Beginner's Course</i>	\$59	\$59 pp
Family / couple Special offer Beginner sets only	Family members discount is now offered to help families who live together, & continue together When continuing with your learning in the Beginner Sets (Chi Kung 2 or Tai Chi 2/3) include those who booked as "2 for 1" in beginner 1 Revision: beginner sets only ("2 for \$110")	2 for \$121 = Less than Concession price	2 for \$121
Family / couple Advanced Sets & Refinement	Advanced Sets in Chi Kung & Tai Chi (NB: Minimum numbers required)	2 for \$138 = Concession price	2 for \$138

Credit Cards: VISA & Mastercard & Amex only - Surcharge = 2%

NOTE: "2 for 1" vouchers or 50% off - Beginners section1 only - *Not valid for Advanced classes.*

Other "Book Early Discounts" are available

CLASS NUMBERS: Minimum Number of students required to conduct a class is 10.

(Classes may be **combined** so as not to cancel classes.)

New Advanced sets taking more than one term to complete minimum number 15 - 20 students required.

Advanced Courses IF UNDER 10 STUDENTS – No Discounts Available – OTHERWISE THE CLASS MAY BE CANCELLED.

The Institute reserves the right to cancel / suspend any class with insufficient numbers to cover costs.

In the event that a class is to be cancelled – every effort will be made to find another class for you,

OR transfer course fees to the next term, by mutual arrangement.

Cancellation by student: If made 1 week or more prior to the course commencement - 50% Refund + Admin fee.

FEES: NO REFUNDS After the commencement of the course, unless the Institute cancels the class. Transfer is possible.

COURSES: Are **NOT TRANSFERABLE** to another person after the commencement of the term.

MISSED LESSONS: are **NOT TRANSFERABLE** to other terms except by early arrangement by email.

If joining on Week 1 – 3 please check the website: www.taichi.com.au for any changes.

as some classes and times may change due to enrolments:

Note: Best method of communication is now by Email: office@taichi.com.au + include a phone number

Advanced planning : Term 1 - 2021: week 1 starts: Adelaide CBD - Tues 2nd Feb & North Adelaide 5th Feb 2021

Correspondence by Email Only (include phone number) - office@taichi.com.au

Updated 20/ 3/2020