

ACHIPER

SA Branch Incorporated



2003 STATE HEALTH AND PHYSICAL EDUCATION CONFERENCE

Glenunga International High School

April 14th & 15th

TICK & PASS ON

Health & PE Coordinator

School Counsellor

Sports Coordinator

Active for Life Committee

Governing Council

Supported by



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free**





3.3 Road Safety Education and the Walking School Bus (*Junior Primary, Primary*)

Looking at the process and benefits for schools setting up a Walking School Bus and a discussion on the importance of Road Safety Education and the resources available to support teachers.

Presenters: Belinda Bonney and Vicki Clonan, Transport SA

3.4 Tai Chi for Schools and the Community (*Preschool, Junior Primary, Primary, Secondary*)

Tai Chi – the benefits of Tai Chi and Chi Kung relaxation exercises will be introduced in this mainly practical session by International Instructor Allan Kelson, who has over 22 years teaching experience. As seen on "The Book Place" and Teacher to Frida from "ABBA", The Redbacks Cricket team and over 25 schools in S.A – relaxing session.

Presenter: Allan Kelson, Tai Chi and Chi Kung Institute

3.5 Badminton for High Schools (*Secondary*)

A session covering all aspects of the sport at High School level. Will also explore how to present the sport at Year 12 Level as well. Areas covered include stroke production, tactics, routines, assessment, equipment and available resources – *Practical Session*

Presenter: Chris Thirlwell, Badminton SA

3.6 Developing young and successful coaches in our schools (*Middle, Secondary*)

"School does not finish at the fence". This is so true in Physical Education. Find out how we can contribute to this notion in developing young people's skills for the coaching world. The session will explore a successful model for leadership through sport.

Presenter: Delvene Neilson, Marymount College

3.7 Engaging students in an outcomes approach education (*Middle/Secondary*)

How can adolescents be meaningfully engaged in relevant curriculum content and at the same time work towards higher-level outcomes and develop higher-order process skills? This workshop shares some approaches that have proved successful (despite some challenging clientele) in both practical settings such as physical education and classroom settings such as health education. Alan presented at the recent ACHPER Secondary Health and PE Conference and provided a practical and stimulating session. Book early to avoid disappointment!

Presenter: Alan Cummings, Belmont City College – WA

This session is part of the Active for Life Stream.

7:30pm

Conference Dinner



Catch up with colleagues at this casual dinner. The Conference Dinner will be held on Monday, 14th April, 2003 at The Earl of Leicester Hotel, Parkside. The dinner has been planned relatively informally to allow excellent networking with colleagues and friends.

Guest speaker is Fran West, the first woman to fly around the coast of Australia in a Cessna 172. Fran will share her experiences and pictures of her exciting flight around Australia's Coast. Fran West has raised many funds for the Royal Flying Doctor Service by involving as many school children and community groups as possible in each area visited. "As a proud South Australian who is passionate about flying, these special trips allow me to contribute to a very worthy charity" (Fran West, 2002).

Fran is one of South Australia's quiet achievers. Having successfully organized her trip in 1999 single handedly, she received a "Spirit of Adventure Award" from Australian Geographic Magazine and the prestigious "Lores Bonney Trophy". Additionally, she has published her own book entitled "Plane Reflections: about life and a flight around Australia's coast".

A scrumptious and enjoyable meal including entrée, main course and dessert will be available for \$35. Drinks at bar prices.

Please book with ACHPER (SA) for your place at this popular dinner. Ph: 8232 7055

